Measure #185 (NQF 0659): Colonoscopy Interval for Patients with a History of Adenomatous Polyps – Avoidance of Inappropriate Use – National Quality Strategy Domain: Communication and Care Coordination

2016 PQRS OPTIONS FOR INDIVIDUAL MEASURES:
CLAIMS, REGISTRY

DESCRIPTION:
Percentage of patients aged 18 years and older receiving a surveillance colonoscopy, with a history of a prior adenomatous polyp(s) in previous colonoscopy findings, which had an interval of 3 or more years since their last colonoscopy

INSTRUCTIONS:
This measure is to be reported each time a surveillance colonoscopy is performed during the reporting period. It is anticipated the clinician who performs the listed procedures, as specified in the denominator coding, will report on this measure. Patients who have a coded colonoscopy procedure that has a modifier 52, 53, 73 or 74 will not qualify for inclusion into this measure.

Measure Reporting via Claims:
ICD-10-CM diagnosis code, CPT or HCPCS codes, and patient demographics are used to identify patients who are included in the measure’s denominator. CPT Category II codes are used to report the numerator of the measure.

When reporting the measure via claims, submit the listed ICD-10-CM diagnosis code, CPT or HCPCS codes, and the appropriate CPT Category II codes OR the CPT Category II code(s) with the modifier. The modifiers allowed for this measure are: 1P- medical reasons, 3P- system reasons, 8P- reason not otherwise specified. All measure-specific coding should be reported on the claim(s) representing the eligible encounter.

Measure Reporting via Registry:
ICD-10-CM diagnosis code, CPT or HCPCS codes and patient demographics are used to identify patients who are included in the measure’s denominator. The listed numerator options are used to report the numerator of the measure.

The quality-data codes listed do not need to be submitted for registry-based submissions; however, these codes may be submitted for those registries that utilize claims data.

DENOMINATOR:
All patients aged 18 years and older receiving a surveillance colonoscopy, with a history of a prior adenomatous polyp(s) in previous colonoscopy findings

Denominator Instructions: Clinicians who indicate that the colonoscopy procedure is incomplete or was discontinued should use the procedure number and the addition (as appropriate) of modifier 52, 53, 73, or 74. Patients who have a coded colonoscopy procedure that has a modifier 52, 53, 73, or 74 will not qualify for inclusion into this measure.

Denominator Criteria (Eligible Cases):
Patients aged ≥ 18 years on date of encounter
AND
Diagnosis for history of adenomatous (colonic) polyp(s) (ICD-10-CM): Z86.010
AND
Patient encounter during the reporting period (CPT or HCPCS): 44388, 44389, 44392, 44394, 45378, 45380, 45381, 45384, 45385, G0105
WITHOUT
CPT Category I Modifiers: 52, 53, 73 or 74

NUMERATOR:
Patients who had an interval of 3 or more years since their last colonoscopy

Numerator Quality-Data Coding Options for Reporting Satisfactorily:
Interval of Three or More Years Since Patient’s Last Colonoscopy
Performance Met: CPT II 0529F: Interval of 3 or more years since patient’s last colonoscopy, documented

OR
Interval of Less Than Three Years Since Patient’s Last Colonoscopy for Medical or System Reasons
Append a modifier (1P or 3P) to CPT Category II code 0529F to report documented circumstances that appropriately exclude patients from the denominator.
Medical Performance Exclusion: 0529F with 1P: Documentation of medical reason(s) for an interval of less than 3 years since the last colonoscopy (eg, last colonoscopy incomplete, last colonoscopy had inadequate prep, piecemeal removal of adenomas, last colonoscopy found greater than 10 adenomas, or patient at high risk for colon cancer [Crohn’s disease, ulcerative colitis, lower gastrointestinal bleeding, personal or family history of colon cancer])

OR
System Performance Exclusion: 0529F with 3P: Documentation of system reason(s) for an interval of less than 3 years since the last colonoscopy (eg, unable to locate previous colonoscopy report, previous colonoscopy report was incomplete)

OR
Interval of Less Than Three Years Since Patient’s Last Colonoscopy, Reason not Otherwise Specified
Append a reporting modifier (8P) to CPT Category II code 0529F to report circumstances when the action described in the numerator is not performed and the reason is not otherwise specified.
Performance Not Met: 0529F with 8P: Interval of less than 3 years since patient’s last colonoscopy, reason not otherwise specified

RATIONALE:
Colorectal cancer is the 2nd leading cause of cancer death in the United States. Colonoscopy is the recommended method of surveillance after the removal of adenomatous polyps because it has been shown to significantly reduce subsequent colorectal cancer incidence. The time interval for the development of malignant changes in adenomatous polyps is estimated at 5 to 25 years. (ICSI, 2006) Inappropriate interval recommendations can result in overuse of resources and can lead to significant patient harm. Performing colonoscopy too often not only increases patients’ exposure to procedural harm, but also drains resources that could be more effectively used to adequately screen those in need. (Lieberman et al, 2009)

CLINICAL RECOMMENDATION STATEMENTS:
Patients with only 1 or 2 small (<1 cm) tubular adenomas with only low-grade dysplasia should have their next follow-up colonoscopy in 5–10 years; the precise timing within this interval should be based on other clinical factors (such as prior colonoscopy findings, family history, and the preferences of the patient and judgment of the physician). Patients with 3 to 10 adenomas, or any adenoma ≥ 1 cm, or any adenoma with villous features, or high-grade dysplasia should have their next follow-up colonoscopy in 3 years providing that piecemeal removal has not been performed and the adenoma(s) are removed completely; if the follow-up colonoscopy is normal or shows only 1 or 2
small tubular adenomas with low-grade dysplasia, then the interval for the subsequent examination should be 5 years. (Winawer, et al, 2006)

Patients with > 10 adenomas are thought to be at particularly high risk, and current multi-society guidelines therefore recommend early surveillance colonoscopy in these individuals (< 3 years). (Lieberman, et al, 2012) However, it is important to note that risk is a continuum; an individual with 11 adenomas is not at dramatically higher risk than an individual with 9 or 10 adenomas. Thus, the optimal threshold at which early surveillance colonoscopy becomes worthwhile is subject to debate. For instance, in the United Kingdom, early surveillance colonoscopy is recommended for individuals with even fewer adenomas (≥ 5 adenomas of any size, or ≥ 3 adenomas with at least one large adenoma). A lower threshold is likely to result in higher colonoscopy utilization, but it may also provide greater clinical benefit. (Martinez, et al, 2012)
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**Denominator**

Start

- Patient Age at Date of Service ≥ 19 Years*
  - Yes
  - Diagnosis for History of Colonic Polyp(s) as Listed in Denominator*
    - No
    - Encounter Codes as Listed in Denominator (11/2016 thru 12/31/2016)*
      - No
      - Yes
        - Modifiers (52,53,73, or 74) Appended to Encounter Codes*
          - Yes
            - Include in Eligible Population/Denominator (8 procedures)
          - No
          - No
        - No
        - No

**Numerator**

- Interval of Three or More Years Since Patient’s Last Colonoscopy
  - Yes
  - Reporting Met + Performance Met 0529F or equivalent (3 procedures) a
  - No
  - Interval of Less Than Three Years Since Patient’s Last Colonoscopy for Medical Reasons
    - Yes
    - Reporting Met + Performance Exclusion 0529F-1P or equivalent (1 procedure) b1
    - No
    - Interval of Less Than Three Years Since Patient’s Last Colonoscopy for System Reasons
      - Yes
      - Reporting Met + Performance Exclusion 0529F-3P or equivalent (1 procedure) b2
      - No
      - Interval of Less Than Three Years Since Patient’s Last Colonoscopy, Reason Not Specified
        - Yes
        - Reporting Met + Performance Not Met 0529F-8P or equivalent not reported (2 procedures) c
        - No
          - Reporting Not Met Quality-Data Code or equivalent not reported (1 procedure)

**SAMPLE CALCULATIONS:**

**Reporting Rate**

\[
\text{Performance Met (a=3 procedures) + Performance Exclusion \((b^1+b^2=2\) procedures) + Performance Not Met \((c=2\) procedures) = 7 procedures = 87.50\%} \\
\text{Eligible Population / Denominator \((d=8\) procedures) = 8 procedures}
\]

**Performance Rate**

\[
\text{Reporting Numerator (7 procedures) / Performance Exclusion \((b^1+b^2=2\) procedures) = 5 procedures} \\
\text{Reporting Numerator (7 procedures) / Performance Not Met \((c=2\) procedures) = 6 procedures}
\]

* See the posted Measure Specification for specific coding and instructions to report this measure.

**NOTE:** Reporting Frequency: Procedure

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Please refer to the specific section of the Measure Specification to identify the denominator and numerator information for use in reporting this Individual Measure.

1. Start with Denominator

2. Check Patient Age:
   a. If the Age is greater than or equal to 18 years of age at Date of Service and equals No during the measurement period, do not include in Eligible Patient Population. Stop Processing.
   b. If the Age is greater than or equal to 18 years of age at Date of Service and equals Yes during the measurement period, proceed to check Encounter Performed.

3. Check Patient Diagnosis:
   a. If Diagnosis for History of Colonic Polyp (s) as Listed in the Denominator equals No, do not include in Eligible Patient Population. Stop Processing.
   b. If Diagnosis for History of Colonic Polyp (s) as Listed in the Denominator equals Yes, proceed to check Encounter Performed.

4. Check Encounter Performed:
   a. If Encounter as Listed in the Denominator equals No, do not include in Eligible Patient Population. Stop Processing.
   b. If Encounter as Listed in the Denominator equals Yes, proceed to check Modifiers (52, 53, 73, or 74) Appended to Encounter Codes.

5. Check Modifiers (52, 53, 73, or 74) Appended to Encounter Codes:
   a. If Modifiers (52, 53, 73, or 74) Appended to Encounter Codes equals No, include in the Eligible Population.
   b. If Modifiers (52, 53, 73, or 74) Appended to Encounter Codes equals Yes, do not include in Eligible Patient Population. Stop Processing.

6. Denominator Population:
   a. Denominator population is all Eligible Patients in the denominator. Denominator is represented as Denominator in the Sample Calculation listed at the end of this document. Letter d equals 8 procedures in the sample calculation.

7. Start Numerator

8. Check Interval of Three or More Years Since Patient’s Last Colonoscopy:
   a. If Interval of Three or More years Since Patient’s Last Colonoscopy equals Yes, include in Reporting Met and Performance Met.
b. Reporting Met and Performance Met letter is represented in the Reporting Rate and Performance Rate in the Sample Calculation listed at the end of this document. Letter a equals 3 procedures in Sample Calculation.

c. If Interval of Three or More Years Since Patient’s Last Colonoscopy equals No, proceed to Interval of Less Than Three Years Since Patient’s Last Colonoscopy for Medical Reasons.

9. Check Interval of Less Than Three Years Since Patient’s Last Colonoscopy for Medical Reasons:

a. If Interval of Less Than Three Years Since Patient’s Last Colonoscopy for Medical Reasons equals Yes, include in Reporting Met and Performance Exclusion.

b. Reporting Met and Performance Exclusion letter is represented in the Reporting Rate and Performance Rate in the Sample Calculation listed at the end of this document. Letter b1 equals 1 procedure in the Sample Calculation.

c. If Interval of Less Than Three Years Since Patient’s Last Colonoscopy for Medical Reasons equals No, proceed to Interval of Less Than Three Years Since Patient’s Last Colonoscopy for System Reasons.

10. Check Interval of Less Than Three Years Since Patient’s Last Colonoscopy for System Reasons:

a. If Interval of Less Than Three Years Since Patient’s Last Colonoscopy for System Reasons equals Yes, include in the Reporting Met and Performance Exclusion.

b. Reporting Met and Performance Exclusion letter is represented in the Reporting Rate and Performance Rate in the Sample Calculation listed at the end of this document. Letter b2 equals 1 procedure in the Sample Calculation.

c. If Interval of Less Than Three Years Since Patient’s Last Colonoscopy for System Reasons equals No, proceed to Interval of Less Than Three Years Since Patient’s Last Colonoscopy, Reason Not Specified.

11. Check Interval of Less Than Three Years Since Patient’s Last Colonoscopy, Reason Not Specified:

a. If Interval of Less Than Three Years Since Patient’s Last Colonoscopy, Reason Not Specified equals Yes, include in Reporting Met and Performance Not Met.

b. Reporting Met and Performance Not Met letter is represented in the Reporting Rate and Performance Rate in the Sample Calculation listed at the end of this document. Letter c equals 2 procedures in the Sample Calculation.

c. If Interval of Less Than Three Years Since Patient’s Last Colonoscopy, Reason Not Specified equals No, proceed to Reporting Not Met.

12. Check Reporting Not Met:

a. If Reporting Not Met equals No, Quality Data Code or equivalent not reported. 1 procedure has been subtracted from the reporting numerator in the sample calculation.

**SAMPLE CALCULATIONS:**

<table>
<thead>
<tr>
<th>Reporting Rate</th>
<th>Performance Met (a=3 procedures) + Performance Exclusion (b1^2=2 procedures) + Performance Not Met (a=2 procedures) = 7 procedures, = 87.50%</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Eligible Population / Denominator (d=8 procedures) = 8 procedures</td>
</tr>
<tr>
<td>Performance Rate</td>
<td>Reporting Numerator (7 procedures) - Performance Exclusion (b1^2=2 procedures) = 5 procedures</td>
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</tbody>
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<table>
<thead>
<tr>
<th>3 procedures</th>
<th>60.00%</th>
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<tbody>
<tr>
<td>5 procedures</td>
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